WHAT IS CLAIMED IS:

1. A method for sewing together at least two covering elements designed to undergo a foaming process for forming a foamed product integral with said at least two covering elements, comprising the steps of:

providing a sewing machine having a sewing needle means;

providing two first threads;

providing a second thread; and

operating said sewing machine so as to feed said at least two covering elements at a predetermined feeding pitch in a feeding direction to said sewing needle means and insert said two first threads into each needle hole formed by said sewing needle means in said at least two covering elements, such that said two first threads are entwined about said second thread within said each needle hole, thereby sewing together said at least two covering elements.

- 2. The method as claimed in Claim 1, wherein said predetermined feeding pitch is set to be 4 mm or less.
- 3. The method as claimed in Claim 1, wherein said two first threads and said second thread are identical to one another.
- 4. The method as claimed in Claim 1, wherein said sewing needle means comprises one sewing needle having an eye therein, and wherein said method includes the steps of: passing both said two first threads through said eye of said one sewing needle; and then operating said sewing machine so as to insert said two first threads into said each needle hole and cause both said two first threads to entwine about said second thread during the step of operating said sewing machine.
 - 5. The method as claimed in Claim 1, wherein said sewing needle means comprises

first and second sewing needles, each having an eye therein, wherein said first and second sewing needles are disposed along said feeding direction and a distance between said first and second sewing needles is equal to said predetermined feeding pitch, so that, in operating said sewing machine, said each needle hole is first formed by said first sewing needle, and thereafter, said second sewing needle is inserted into said each needle hole in a concentric relation therewith, and wherein said method includes the steps of: passing one of said two first threads through the eye of said first sewing needle, while passing another of said two first sewing threads through the eye of said second sewing needles; and then operating said sewing machine such that said one of said first threads is inserted into said each needle hole formed by said first sewing needle and entwined with said second thread therein, after which, said second sewing needle is inserted into said each needle hole in which said one of said two first threads has been entwined about said second thread, thereby causing said another of said two first sewing threads to entwine about said second thread in said each needle hole.

6. The method according to Claim 5, wherein said predetermined feeding pitch is set to be 4 mm or less.